

THE GOOD NEWS OF
**FIRST PRESBYTERIAN
 CHURCH**

Marshalltown, Iowa
 641-753-5929

Volume 78, No. 8
 August 31, 2013

**The Purpose Statement for the First
 Presbyterian Church of Marshalltown**

- G** Growing in Christ through *worship*.
- R** Reaching out in *fellowship*.
- A** Affirming faith through *discipleship*.
- C** Caring for the lost through *evangelism*.
- E** Embracing others in mission and *ministry*.

**The church office will be
 closed Monday, September 2, in
 observance of Labor Day.**

All Church Indoor Picnic



The Annual All Church Indoor (bug and weather free) Picnic is scheduled for Sunday, September 8, at 11:30ish in Fellowship Hall. Grilled brats, hot dogs, hamburgers, and chicken will be served, along with beverages and

the table service provided by the M&I committee.

We ask that those from the congregation who plan to attend sign up to bring either a side dish or a dessert. Please sign up on the sheets in the Narthex and provide the number of people planning to attend. Hope to see you all there!

**Oktemberfest Dinner
 Here at First Presbyterian**



The excitement of Oktemberfest will soon begin in Marshalltown. Organizing has begun here at church as we make plans to prepare and serve a dinner on Friday, September 27, during Oktemberfest. We are taking advantage of this community event and our downtown location to open our doors and invite others into our church. The dinner will include Pastor Rich's delicious pulled pork sandwiches.

If you would like to be on the organizing committee, please contact Karin Podhajsky at 753-3672 or Cindy Butler at 753-7947. Many other volunteers will be needed to help prepare and serve the meal. Please consider signing up to help!

News from the Van der Pol's

Sandra's legs are healing. She's driving but since March, is experiencing significant pain in the left leg, hip and lower back. The diagnosis is severe osteoarthritis in the hip and needs hip replacement surgery. However, due to the bone treatment not being complete for at least another six months to a year, she is in pain management mode. Please keep Sandra in your prayers. Ray is doing well, thankfully!

Our son, Wes, his wife, Julia (who is German), and two children (1½ and 5½ years of age) moved to Germany permanently on June 12. It has been tough to see them go. We were so blessed to have them close to us in Seattle for so long. Our other son, Les, is still in Seattle.

Sandra's mother, Ella, is 92 and doing quite well considering her Alzheimer's. She's living in an adult family home and is content.

Ray and Sandra have rotated off the Board of Haiti Foundation of Hope per the five-year legal restriction on Board membership with GREAT replacements.

Due to Sandra's health issues (broken legs, etc.) we needed to drop out of most Haiti-related activities. We didn't go to Haiti on our usual February team to Terre Blanche. We skipped participating in our church's annual December World Markets where we generally sell Haitian art and handcrafts we brought back from Haiti. We also took a hiatus from hosting the Haiti monthly meetings at our house. BUT there are LOTS of GREAT things that God is accomplishing in Terre Blanche where we work and in Haiti!

Financial Report for July

JULY '13	Actual
Regular Offerings	24,815.30
Other Receipts	299.19
Total Receipts	25,114.49
Year to Date:	
Regular Offerings	209,310.63
Other Receipts	<u>4,719.25</u>
Total Receipts	214,029.88
Total Expenditures	<u>(213,848.82)</u>
Net Receipts-Expenditures	181.06
Beginning Cash Balance	<u>44,053.86</u>
Ending Cash Balance	<u>44,234.92</u>

The Labor To Which We're Called

In words attributed to Mother Teresa, "Many people mistake our work for our vocation. Our vocation is the love of Jesus." As we celebrate Labor Day, what does such a distinction mean?

Vocation comes from Latin for "calling." Christians understand vocation as that for which God created you, involving activities you do well, enjoy and feel good about doing, and that serve others. If you're blessed to earn a paycheck doing something that fits those categories, then your

profession or occupation — your work — likely is your vocation.

Other people work a paying job because an opportunity presents itself and the income is needed, even if it isn't their favorite thing to do. Perhaps they live out their truest vocation during non-employment hours: singing with a choir, raising children, building houses, delivering meals and so on.

Christians in any capacity, paid or not, can live out Jesus' calling to love God and neighbor with our whole being (Luke 10:27). When God is "CEO" of our lives, it shows in how we treat our fellow laborers.

PWC News



Elizabeth Circle will meet

Thursday, September 12, at 1:30 p.m. in the Lower Lounge. Marylou Beckmann will present the Bible study lesson, and Shirley Egli will present the devotions. Books for the new series will be available at the meeting. Kathryn Schaudt and Susan Lawyer will be hostesses

Sarah Circle will meet Tuesday, September 17, at 9:15 a.m. in the Lower Lounge.

PWC will meet Thursday, September 5, at 1:30 for a Dessert Meeting in the Lower Lounge. The program will be presented by Hubert Vespestad on "Travels to Norway." Jan Stubbs will present the devotions, and the serving committee consists of Rhoda Bender, Jean Evans and Betty Jacobs.

The **PWC-CT** will meet at 9:00 a.m. Tuesday, September 24, in the Lower Lounge.

En theos

Enthusiastic people stand out in a crowd because "they radiate their own private ray of sunshine." So say Doug Fields and Joshua Griffin in *Live Large. Be Different. Shine Bright* (Simply Youth Ministry).

The word *enthusiasm* comes from the Greek phrase *en theos*, which means "in God." The authors write that "God is the source of energy, vitality and power for those who have come into a relationship with Him through His Son Jesus Christ." They offer these suggestions for becoming more enthusiastic:

- Stay connected to God, plugging your life into the Creator of life. Remember to “take delight in the LORD” (Psalm 37:4, NIV).
- If your life is overloaded, prioritize your activities. It’s tough to be enthusiastic when you’re tired.
- Start and end each day with enthusiasm. Bookend your days by reciting Psalm 118:24 (NRSV) — *This is the day that the LORD has made; let us rejoice and be glad in it.*

House of Compassion Volunteers

First Presbyterian Church supports the House of Compassion (HOC) in several ways. We give financially from the Missions budget; we gather supplies for the Supply Closet in April and November; we have volunteers who stay overnight at the Shelter; and we have volunteers who cook and serve a meal once a month at the Soup Kitchen.

When you sign up to volunteer to help with a meal, please mark the date and time on your calendar. If you find you can’t come on that date, please find someone to be your substitute. Recently, only two people were there to serve and clean-up, and they served 91 people—stressful! Your help is greatly appreciated. Please continue to volunteer, and be sure to fulfill your obligation. New people are always needed and encouraged to help at the Soup Kitchen. Thank you.

---The Missions Committee

Church Women United will have a Celebration Meeting Friday, September 6, at 9:15 a.m. at First United Methodist Church. The program will be on “Human Rights.”

Emergency Food Box



The Emergency Food Box (EFB) provides temporary help to people in Marshall County in need of basic food supplies.

The EFB is open 1:30 – 4:30 p.m. Monday through Friday. Dedicated volunteers from local churches staff the EFB each weekday afternoon and serve in a variety of support functions.

The people receive a nutritionally balanced four-day food supply based on family size, which includes milk and bread.

The food comes from donations from churches, individuals, clubs, organizations, businesses, schools and local food drives in Marshall County. Twice a month, food items we can use are ordered from the Food Bank of Iowa in Des Moines for \$.14 per pound handling charge.

First Presbyterian Church collects a food or cash offering for the EFB on Communion Sunday, the first Sunday of each month.

Donated food or cash donations may be brought to the EFB at 109 S. 3rd Street any weekday afternoon, 1:30 – 4:30 p.m. Make checks payable to: **Emergency Food Box.**

Money may also be placed in the offering plate or mailed to: **EFB, P.O. Box 391, Marshalltown, Iowa 50158.** These funds are used to buy needed items locally or, if available, from the Food Bank, and to pay handling charges for items we are able to get from the Food Bank of Iowa.

Currently, the items that we are in need of the most are **corn, peas, green beans, carrots, stewed tomatoes, spaghetti sauce, and pork & beans.** Other items needed are **canned chicken, tuna, peaches, pears, mixed fruit, applesauce and pineapple.** Also needed are **rice, macaroni, spaghetti, noodles, instant potatoes, macaroni and cheese, peanut butter and dry cereals.**

These food items are not currently available from the Food Bank in Des Moines in the quantities that are needed.

Everything is greatly appreciated.

Luke’s Ministry Message Addictive Personality

An “addictive personality” is characterized by one that is susceptible to addiction. People become addicted to all sorts of things from drugs, alcohol, shoplifting, gambling and overeating. However, different types of addicts do share some

common traits. Although the concept is highly debated in medical and psychology circles, some experts believe addictive personality encompasses a distinct set of psychological traits that predispose particular individuals to addictions. Addictive personality traits may include:

1. Antisocial Personality - people who alienate themselves socially and value nonconformity with the goals or beliefs of society may be more likely to struggle with addiction.
2. Low distress tolerance, low stress management skills or a lack of coping skills may make people more likely to turn to drugs, alcohol or other addictions to manage their emotions.
3. Compulsive Behavior - People with addictive personalities struggle to enjoy drugs, alcohol or other pleasurable activities in moderation. Instead, they see things as black or white and take an all or nothing approach to life.
4. Substituting vices - People with addictive personalities tend to switch to other enjoyable activities when deprived of the original addiction.
5. Insecurity - Compulsive behaviors often mask insecurity or fear of failure. These people have difficulty making commitments, fostering relationships and are constantly seeking approval from others. They may be prone to using an addiction to gain a sense of belonging or of self-confidence.
6. Depression - Individuals who experience anxiety or depression are more likely to develop addictions as a way of managing their painful emotions.

In addition, abuse or trauma in childhood, profound inconsistencies in parenting, deprivation or over-indulgence in early life may be indicators of addiction. People who are receiving treatment for other mental health conditions such as depression, attention deficit disorder and post-traumatic stress disorder may also be at greater risk for problems with addiction.

Now that we know what the addictive personality looks like, what do we know about the non-addictive profile? Non-addicts seem to be those who have strong families, often with religious backgrounds and who have good social relations. With these in mind, one area in which those with addictive personalities can improve is cultivating strong bonds with family, friends and the church. If you recognize the signs of addictive personality in yourself, you are not alone. But an addictive

personality doesn't mean you are destined to develop a problem with addiction. By becoming aware of our personal tendencies and the dangers of addiction, we can take affirmative steps to make healthy life choices.

Congratulations
on Your
New Baby!



Congratulations to **Barry and Sue Bryant** on the birth of a new grandson, Lucas Albert Meyers, on Monday, August 5, to Albert and Heather Meyers. Lucas weighed in at 8 pounds and 7 ounces and was 20 inches long.



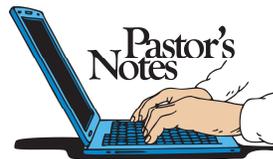
Thank you to my Deacons, Barb McBride and Barb Schrum for their many visits, and for bringing me a piece of Dorothy Dunham's 99th birthday cake. It was delicious. I am really enjoying my prayer shawl.

---Betty Emmons



---our faithful workers at the House of Compassion during the month of August: **Mike & Kari Hancock, Ed Jackson, Edith Rankin, Roger & Karen Schoell, Don & Yasuyo Smith, Agnes Ward, Barb Wollam and Carolyn Wilkinson.**

--- **Mike Hancock & Bert Tice** and **Dick & Barb McBride** who were the faithful HOC shelter monitors in August.



Ever wonder what makes Presbyterians different from Lutherans or Methodist? Do you feel inadequate to defend your beliefs? In this age our understanding of what Presbyterians believe has faded into irrelevancy. We are content to claim the title Christian so long as no one is listening. But if we are to spread the good news of Christ we should seek to understand what we believe. Without this understanding we cannot defend our beliefs when they are called into question nor can we help others understand why they need to join us at church. Finally, it is impossible for us to grow in our faith if we are not engaging our minds in the pursuit of Christ.

This fall we will have a class on Wednesday evenings covering the basic beliefs of our church

and how they apply to us today. The first class will be September 4, and will meet at 6:30 p.m. for one hour. We will hand out the materials and give you an overview of the class. Each session will have a topic with teaching and plenty of time for discussion. Life is busy so come when you can, don't let other things keep you from participating when you can. If you have a young person at youth group you can bring them and stay for class.

Pastor Rich



This fall has led to a new chapter in the Rottink household. We have entered the realm of Kindergarten. For those of you who have been through this time period of life, you know the fear and anxiety that comes along with it. Some of you are far enough removed that you look back on it with a grin and realize how silly and irrational some of your fears were. But for me, going through it is a bit scary.

This morning Elliana and I got to school a bit early. In fact we were the first ones there. This was great news to her as it meant some time to play on the playground. Soon the other kids started arriving and it was time for me to leave. I couldn't help but feel like I was breaking some inner rules as I "left my child alone in public." Even though she was in the hands of responsible adults, it still felt strange and unsettling.

Being the father of two small children is kind of like living in the land of "what ifs". Every thought and choice is weighed against the potential damage that could be done. You live in a state of waiting for something to go wrong at times. These are things like: a dirty diaper, a skinned knee, a bad dream, a wipeout on the bike. You pray for these things and fear the worse things like cancer, kidnapping, diseases, car accidents, etc.

The truth is that we can live our lives in fear and anticipation of the "next bad news," or we can live in trust. God is the only thing in this life that can be wholly trusted. He is also the only thing in this world that is wholly good. Whatever context of life you are in, this is true. Whether you are dropping your kids off at school, or watching your grandchildren get married.

Psalm 112:6-7 says: *Surely the righteous will never be shaken; they will be remembered forever. They will have no fear of bad news; their hearts are steadfast, trusting in the Lord.*

Our biggest challenge is to not live in fear of bad news, but to trust in the good and gracious God who holds us securely in His hands. I'm working on it. I hope you are too!

Jon

AUGUST SESSION ACTIONS

The Stated Meeting of Session of First Presbyterian Church, Marshalltown, met in the Lower Lounge at 7:12 p.m. on Tuesday, August 20, 2013.

Moderator Rev. Dr. Rich King opened the meeting, and Jon Rottink gave the devotions and prayer.

Motion prevailed to approve the minutes of the July 16, 2013 Stated Meeting as printed.

Motion prevailed to transfer the membership of **Emily Latch** to the New Hope Christian Church of Marshalltown, Iowa. Motion prevailed to restore **Don & Donia Wilson** and **David Wilson's** memberships to active.

Financials - Matt Broshar presented the Financial and Investment reports. July giving was the lowest giving month for the last two years. Giving was below the budget, but there is still a positive cash flow balance. Ferneau Electric has been paid for the electrical work being done in the sanctuary. Money continues to come in for the Building Fund. The church has three CD's, and one will mature in October.

Missions - Judy Erion reported that the committee discussed places the extra money in their budget could be spent. Jan Faber's daughter, Nancy and husband, Shawn Paul will soon be moving to Honduras to be missionaries for several years. A DVD was shown to tell about their mission work. The committee voted to give Shawn and Nancy \$2,000 for their ministry. The committee voted to give an additional \$1,000 to the House of Compassion for the programs they have.

Stewardship - No report.

W & M - Rich King reported that the committee discussed the worship services the church has done recently. Rich took home communion to the people at the Villa.

Communion—158 on July 7, and 155 on August 4. Home Communion was taken to **Paul & Doris Flanagan, LaVine Meyer and Ada Spencer**.

Evangelism – Rich King circulated a sign-up sheet for Elders to go the next leadership training session Tuesday, September 24, at Westminster Presbyterian Church in Waterloo, entitled, “Passionate Worship” with Rev. Dr. Tom Tewell as the speaker.

Christian Education - Jon Rottink reported the committee discussed plans for the fall Sunday school Kick-off on August 25. Some inflatables and games have been reserved for the afternoon. The committee wants to reach out to the community during the Kick-off. Invitations will be sent out and an article will be placed in the Times Republican paper. Jon is working with the teachers to find out what they need for the fall to start Sunday school. Matt Tullis will coordinate Rotation Model. The computers used for Rotation Model need to be updated.

A & P Committee - Lee Wilkinson reported the committee discussed safety following the break-in at the church. The church doors will be locked from now on. They are looking into getting some security cameras and other security items for the church. They discussed security issues if someone came in with a gun during the worship service. People are needed to monitor the doors during the worship service.

M & I Committee – Diane Broshar reported that plans were discussed for the All Church Indoor Picnic to be held Sunday, September 8. People attending need to sign up on the sheets in the Narthex.

Property - Pat Hemming reported that the small bus is now running and another church is interested in purchasing the bus. New light switches have been installed in the Sanctuary, but more work has to be done on one of the switches. The remodeling project in the kitchen has been started. A new entrance door has been ordered for the Gathering Place, and the frame-work for the vestibule has been started. This project should be completed before winter.

Other Business – A Chrysalis Flight Group will be using the church showers Aug. 31, & Sept. 1-2 when they meet at First United Methodist Church for a weekend retreat. Committees need to start working on their budgets in August and September. The Nominating Committee will start meeting to get new Elders and Deacons for the class of 2016.

Motion prevailed to allow Pastor Rich to go to Knoxville to preside over the funeral of his uncle when the time comes.

The meeting was adjourned and closed with small group prayer.

**Newsletter deadline
with OCTOBER information is
FRIDAY, SEPTEMBER 20, 2013.**

Reminder:

Sept. 2—Labor Day

Sept. 8 – National Grandparents Day

Sept. 8 – Christian Education Week begins

Sept. 11 – Patriot Day

Sept. 20— Deacons’ Meeting

Sept. 20— SESSION

Sept. 21— International Day of Peace

Sept. 22 – First Day of autumn

Sept. 22 – Native American Day

Members in mission making a difference.

GOOD NEWS from First Presbyterian Church is published monthly. Deadline for the following issue is published in the calendar. Comments and contributions are welcome.

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Web Site www.nivlac.org

Email Church at presmtwn@mchsi.com

Pastor at rich.king@mchsi.com

Associate Pastor at dave.beckmann@mchsi.com

Youth Director at jrottink@hotmail.com



September 2013 Birthday/Prayer Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Jinita Boyd Susan Turbiville	2 James Reed	3 Matt Tullis	4 Char McGrew	5 Bill Eilers	6	7 Jim Mosher Cary Nason
8 Marvin Hawkins Irene Sheeler Steve Strand	9	10 Bea Lebuda	11	12	13	14 Rose Muschick
15 Bryce King	16	17	18 Hank Bradbury Rose Elsbecker Barb Hawkins	19 Julie Batterson Karin Podhajsky Naysa Rottink Cathy VanStaalduine	20 Dick McBride	21 Madelyn Irvine Roger McGrew
22 Jim Grimmus Case Hegeman	23	24 Loren Vogt	25 David Butler Ross Turbiville	26 Margaret Meyer	27 Laura Johnson	28 Diane Oleson Blake Ostrem Noel Vogt
29 Blair VanStaalduine	30	<i>Sunday Morning Servants</i>			+Praying for each other brings us closer together. Please pray each day for those listed.	

FIRST PRESBYTERIAN CHURCH

SEPTEMBER 2013



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 Communion</p> <p>9:00 a Worship 10:05 a Gathering/ Fellowship Time 10:15a Sunday school—all ages</p>	<p>2</p> <p>Labor Day Holiday Office Closed</p>	<p>3</p> <p>9:00 a.m. Staffing (all Staff)</p> <p>12:15 p.m. Prayer Group</p>	<p>4</p> <p>6:30p Pastor's Class 6:30p Youth 101 6:30 p.m. Bells 7:30 p.m. Choir 8:30 p.m. Praise Team Practice</p>	<p>5</p> <p>8:30 a Flapjacks</p> <p>12:00 p.m. Oasis 1:30 p.m. PWC— Dessert Meeting</p>	<p>6</p> <p>9:15 a.m. CWU First UMC</p>	<p>7</p>
<p>8 Chancel Choir</p> <p>9:00 a Worship 10:05 a Gathering/ Fellowship Time 10:15a Sunday school—all ages 10:15a Confirmation 11:30a Indoor Picnic</p>	<p>9</p> <p>5:30 p.m. Missions 6:30 p.m. W & M 7:30 p.m. CE 7:30 p.m. A & P 7:30 p.m. Property</p>	<p>10</p> <p>10:00 a.m. Group F Cluster Meeting-Traer</p>	<p>11</p> <p>6:30p Pastor's Class 6:30 p.m. Yth. 101 6:30 p.m. Bells 7:30 p.m. Choir 8:30 p.m. Praise Team Practice</p>	<p>12</p> <p>8:30 a Flapjacks</p> <p>12:00 p.m. Oasis 1:30 p.m. Elizabeth Circle - L. L.</p>	<p>13</p>	<p>14</p>
<p>15 Bells</p> <p>9:00 a Worship 10:05 a Gathering/ Fellowship Time 10:15a Sunday school—all ages 10:15a Confirmation 6:00p Olde Tyme Hymn Sing</p>	<p>16</p>	<p>17</p> <p>9:00 Staffing (full- time staff) 9:15 a.m. Sarah Cr. 12:15p Prayer Group 6:00 p.m. Deacons 7:00 p.m. Session</p>	<p>18</p> <p>6:30p Pastor's Class 6:30 p.m. Yth. 101 6:30 p.m. Bells 7:30 p.m. Choir 8:30 p.m. Praise Team Practice</p>	<p>19</p> <p>8:30 a Flapjacks</p> <p>12:00 p.m. Oasis</p>	<p>20</p> <p>Newsletter Articles Due</p>	<p>21</p>
<p>22 Chancel Choir</p> <p>9:00 a Worship 10:05 a Gathering/ Fellowship Time 10:15a Sunday school—all ages 10:15a Confirmation</p>	<p>23</p>	<p>24</p> <p>8:30 a.m.—3:30 p.m. Leadership Training - Waterloo</p> <p>9:00 a.m. PWC-CT</p> <p>5:15 p.m. M & I</p>	<p>25</p> <p>6:30p Pastor's Class 6:30 p.m. Yth. 101 6:30 p.m. Bells 7:30 p.m. Choir 8:30 p.m. Praise Team Practice</p>	<p>26</p> <p>8:30 a Flapjacks</p> <p>12:00 p.m. Oasis</p> <p>Oktemberfest</p>	<p>27</p> <p>5:00 p.m. Pulled Pork Dinner</p> <p>Oktemberfest</p>	<p>28</p> <p>10 a.m. Parade</p> <p>Oktemberfest</p>
<p>29</p> <p>9:00 a Worship 10:05 a Gathering/ Fellowship Time 10:15a Sunday school—all ages 10:15a Confirmation Oktemberfest Ends</p>	<p>30</p>					

*REGULAR SUMMER WORSHIP SCHEDULE
9:00 a.m. Worship
10:05 a.m. Gathering/Fellowship Time
10:15 a.m. Sunday School, all ages