

THE GOOD NEWS OF FIRST PRESBYTERIAN CHURCH

Marshalltown, Iowa
641-753-5929

Volume 78, No. 6
July 31, 2013

The Purpose Statement for the First Presbyterian Church of Marshalltown

- G** Growing in Christ through *worship*.
R Reaching out in *fellowship*.
A Affirming faith through *discipleship*.
C Caring for the lost through *evangelism*.
E Embracing others in mission and *ministry*.



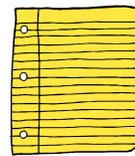
Let's help our kids go back to school with the tools they need to succeed as we **Stuff the Bus!** Too many students will begin the 2013 school year without even the most basic classroom necessities. We're inviting you to make a positive impact on a child's life. You can purchase school supplies or make a cash donation for students in Marshall County. If you choose to make a donation, please make checks payable to the House of Compassion and note on the check for school supplies. We trust that you who have been so supportive in the past will continue to donate as the needs are great. Last year we were able to help over 900 students through the School Supply Give Away. This year, we will again be giving supplies to four-year-olds who attend local preschools.

Stuff the Bus will be headquartered outside the Marshalltown Wal-Mart with a school bus provided by Marshalltown High School. The bus will be staffed and donations will be accepted on the following dates and times:

Saturday, August 3, 10:00-5:00;
 Sunday, August 4, 12:00-5:00

Items most needed are:

- | | | |
|---------------------------|-------------------------------|---------------------------------|
| *Wide Line Notebook Paper | *Wide Line Washable Markers | *Erasers (pencil tip & regular) |
| *Colored Pocket Folders | *Scissors | *Spiral Notebooks |
| *3 Ring Notebooks | *Large boxes of Facial Tissue | *Black & Blue Erasable Pens |
| | *Colored Pencils | |



All school supplies should be newly purchased. After Stuff the Bus donations are gathered; all school supplies will be placed into backpacks and given out to area children who have



registered at the House of Compassion. The Give Away takes place at St. Paul's Episcopal Church, 201 E. Church St. on Saturday, August 10, 10:00-3:00 and Monday, August 12, 12:00-5:00

If you have questions, please contact Karen Frohwein at HOC (641-752-5999). Thanks so much for participating in this project that benefits so many of our children and youth in Marshall County.



Serving Christ with you,
 The Supply Closet Team

Untapped Resources



While taking photos of the earth, the space shuttle Columbia made a surprising discovery: Underneath the harsh Sahara Desert were 26 lakes, as well as miles of underground rivers. That region's inhabitants face tough conditions because those abundant resources haven't yet been tapped.

Churches often suffer a similar problem. Congregations can't reach their full God-given potential unless people discover and use their gifts. When we tap into our talents, God promises that we "will be like a well-watered garden, like a spring whose waters never fail" (Isaiah 58:11, NIV).

Financial Report for June

JUNE '13	Actual
Regular Offerings	35,615.27
Other Receipts	821.19
Total Receipts	36,436.46
Year to Date:	
Regular Offerings	184,495.33
Other Receipts	<u>4,420.06</u>
Total Receipts	188,915.39
Total Expenditures	<u>(188,102.13)</u>
Net Receipts—Expenditures	813.26
Beginning Cash Balance	<u>44,053.86</u>
Ending Cash Balance	<u>44,867.12</u>

Fall Kick-off



The school year is fast approaching and it's time to gear up for fall programming. On Sunday, August 25, there will be a Fall Kick-off event to celebrate the start of fall programming for all ages. The events are still being planned, but expect a great evening of fun activities, food and fellowship for all ages. We will highlight new and existing fall programs and allow you to get a better understanding of how you can grow and serve in the church in the year to come. Mark your calendars for Sunday, August 25, and watch for more details in the coming weeks!

10 Reasons to Attend Church

1. To have fellowship with the crucified and risen Christ.
 2. To worship.
 3. To be forgiven.
 4. To hear the voice of God.
 5. To grow in the knowledge of the Bible, God's Word.
 6. To feed your soul.
 7. To be prayed for.
 8. To be loved and encouraged.
 9. To love and encourage your fellow Christians.
 10. To promote the Gospel.
- Dr. Richard P. Bucher

Ordinary Offerings, Extraordinary Use

The book of Numbers contains endless instructions about the offerings Israel should make — gold and silver vessels, flour-and-oil mixtures, incense and sacrificial animals. Hidden in there are “six covered wagons and twelve oxen” (7:3, KJV) that the leaders offer to God.

Although many of the commanded offerings were impractical for daily living and likely easy to comply with — what use were silver bowls and incense while wandering the desert? — giving up wagons and oxen surely required more thought. They may not seem as holy as gifts of money, fancy utensils and expensive fabric, but they were indeed precious: They would transport the Tent of Meeting from place to place.

Likewise today, some people offer money, altar linens, physical labor; others donate art supplies for Sunday school, casseroles for funeral luncheons, a computer for the church office. All gifts are useful. All are holy.

Ice Cream Social



Our Savior Lutheran Church, 3001, S. 6th St., Marshalltown, Iowa will host an Ice Cream Social on Sunday, August 25, 2013 from 4 – 7 p.m.

The menu will include BBQ beef and pork sandwiches, potato salad, baked beans, homemade pies and cakes, homemade ice cream, lemonade, iced tea and coffee.

Everyone is invited to attend. There are no steps at the church and wheelchairs will be available. Carry-out orders are welcome!

PWC News



Elizabeth Circle will not meet in August.

Sarah Circle will not meet in August.

PWC will not meet in August.

The **PWC-CT** will meet at 9:00 a.m. Tuesday, August 27, in the Lower Lounge.

Church Women United will not meet in August.

Luke's Ministry Message Antioxidants

Emergency Food Box



The Emergency Food Box (EFB) is an all-volunteer organization providing temporary help to people in need of basic food supplies.

The EFB is open 1:30 – 4:30 p.m. Monday through Friday. Dedicated volunteers from local churches staff the EFB each weekday afternoon and serve in a variety of support functions.

The people receive a nutritionally balanced four-day food supply based on family size, which includes milk and bread.

The food comes from donations from churches, individuals, clubs, organizations, businesses, schools and local food drives in Marshall County. Twice a month, we order food items we can use from the Food Bank of Iowa in Des Moines for \$.14 per pound handling charge.

Donated food or cash donations may be brought to the EFB at 109 S. 3rd Street and weekday afternoon, 1:30 – 4:30 p.m. Make checks payable to: **Emergency Food Box**. Money may also be placed in your offering plate or mailed to: **EFB, P.O. Box 391, Marshalltown, Iowa 50158**. These funds are used to buy needed items locally or, if available, from the Food Bank, and to pay handling charges for items we are able to get from the Food Bank of Iowa.

Currently, the items that we are in need of the most are **corn, peas, green beans, carrots, stewed tomatoes, tomato sauce, spaghetti sauce, and pork & beans**. Other items needed are **canned chicken, tuna, peaches, pears, mixed fruit, applesauce and pineapple**. Also needed are **rice, macaroni, spaghetti, noodles, instant potatoes, macaroni and cheese, helper dinners, peanut butter and dry cereals**. These food items are not currently available from the Food Bank in Des Moines in the quantities that we need.

Thank you for your recent donation of \$330 cash and 9 food items. Your kindness makes it possible for us to help meet the emergency food needs of people in Marshall County who are referred to us. Everything is greatly appreciated.

You may have heard of the health benefits of antioxidants, but do you know what they are, what they do or how to get them? Antioxidants are substances that protect or significantly prevent damage to the cells caused by unstable molecules known as free radicals that occur as waste or by products when the body cells utilize oxygen, as they do on a regular basis.

In the body, the antioxidant process is similar to stopping an apple from turning brown once it is peeled by placing it in orange juice which contains vitamin C.

Health problems are prevented; such as macular degeneration, heart disease, diabetes, cancer, etc. by eating antioxidants that are found in various foods. These foods containing high amounts of antioxidants are fruits and vegetables, beans, nuts and grains, some meats, poultry and fish.

Some of the antioxidants found are:

1. Beta-carotene found in foods that are orange in color, including sweet potatoes, carrots cantaloupe, apricots, pumpkin and mangos. Some green, leafy vegetables including spinach, collard greens and kale are also rich in beta-carotene.
2. Lutein, best known for association with healthy eyes is abundant in green, leafy vegetables.
3. Lycopene is a potent antioxidant found in tomatoes, watermelon, guava, papaya, apricots, grapefruit and oranges. It is estimated that 85% of the American dietary intake of lycopene comes from tomatoes and tomato products.
4. Selenium is a mineral not an antioxidant nutrient; however, it is a component of antioxidant enzymes. Plant foods like rice and wheat are major sources of selenium.
5. Vitamin A is found in three main forms: 1) Retinol Vitamin A1; dihydroretinal Vitamin A2 and Hyinoxy-relinol, Vitamin A3. Foods rich in Vitamin A are liver, sweet potatoes, carrots, egg yolks and mozzarella cheese.
6. Vitamin C, also called ascorbic acid, is found in high abundance in many fruits

and vegetables, cereals, beef, poultry and fish.

7. Vitamin E, also known as alpha tocopherol, is found in almonds, many oils, including wheat germ, safflower, soybean oils, mangos, nuts and broccoli.

A healthy eating plan can supply all the antioxidants a person needs and does it more efficiently than using supplements.



What a comfort for us to know that our burden of grief was shared by our family and friends. Thank you.

---**Bette Etter and Family**

Thank you to everyone in the church family for your cards and the flowers following my sister Evelyne's death. May God bless each of you.

---**Afeafa Eklou**

Thank you for the expressions of sympathy, the cards, and flowers following the recent death of my brother in an auto accident. Thank you to the Deacons for the peace plant they sent. I am grateful to all of you.

---**Edith Rankin**

Thank you to Marylou Beckmann and Barb McBride for their visits. Thank you to Barb McBride for cleaning my prayer shawl.

---**Betty Emmons**



---our faithful workers at the House of Compassion during the month of July: **Shirley Egli, Mike Hancock, Joe Holubar, Edith Rankin, and Agnes Ward.**

--- **Dean & Mary Baker and Dick & Barb McBride** who were the faithful HOC shelter monitors in July.

JULY SESSION ACTIONS

The Stated Meeting of Session of First Presbyterian Church, Marshalltown, met in the Lower Lounge at 7:12 p.m. on Tuesday, July 16, 2013.

Moderator Rev. Dr. Rich King opened the meeting, and Dave Freel gave the devotions and prayer.

Motion prevailed to approve the minutes of the June 18, 2013 Stated Meeting as printed.

Financials - Matt Broshar presented the Financial and Investment reports. June giving was solid and ahead of the last three years. June was a five week giving month. An anonymous donor sent \$15,000 for the Building Fund. The church has three CD's. The Organ CD will mature at the end of this year.

Missions – Judy Erion reported that Rev. Tom Bower will host an Egyptian pastor at a mission's presentation here on Sunday, July 21. Tom plans to return to Egypt in August with this Egyptian pastor. The committee discussed places the extra money in their budget could be spent. The committee voted to give Lori Adams \$500 for her ministry. Some of the money will be used to help with the Mission trip to the Bahamas. They will help pay for Abra Bannisan's mother's plane ticket to the U.S. from Togo, Africa. A missionary from the Congo, Africa will be speaking in Ames August 23, and people are encouraged to attend.

Stewardship – No report.

W & M - Judy Erion reported that the committee voted to have Mike Gerbo lead the music during the Sunday services. The committee may bring in a special speaker for Passover next year for the community and the church.

Communion—188 on June 2, and 158 on July 7. Home Communion was taken to **Bill & Bette Etter**..

Evangelism – Rich King distributed a flyer for the next "Claiming Our Spiritual Authority Leadership Seminar" for Elders entitled, "Passionate Worship" with Rev. Dr. Tom Tewell as the speaker. It is scheduled for Tuesday, September 24, at Westminster Presbyterian Church in Waterloo, and the Elders are encouraged to attend.

Christian Education - Rich King reported the committee discussed a very successful VBS, and summer Sunday school is going well. The Rotation Model plan for the elementary students in the fall will be evaluated. Plans are being made for a Sunday school Fall Kick-off for all ages on Sunday, August 25. This would be held outside and would welcome the public to attend.

A & P Committee - Lee Wilkinson reported on the new job descriptions for the staff. **Motion prevailed** for the committee to move forward with the new job descriptions for the Christian Education

Coordinator, Director of Youth and Family Ministries, Associate Pastor and Senior Pastor, and allow the A & P Committee to implement them. They will look for someone to assist Rich

King in pastoral duties when Dave Beckmann is away from the church on his speaking engagements. The Committee and pastors will present this plan to the congregation.

M & I Committee – No Report.

Property - Pat Hemming reported that the sheet rock project in the church kitchen has been started. They plan to have the carpet in the Nursery cleaned before fall. The committee discussed donating the 23 passenger bus to the Presbyterian Camp, if they can use it. The compressors outside the church will need to be looked at as one is not working properly. A quote for the new door in the Gathering Place was received from Hamilton Glass in Newton, Iowa. The Gathering Place and Jim's Barber Shop had some leakage recently when there was hard rain from the west.

Other Business – Committees need to start working on their budgets in August and September.

The meeting was adjourned and closed with small group prayer.



**Newsletter deadline with
SEPTEMBER information is
TUESDAY, AUGUST 20, 2013.**

Reminder:

Aug. 6—Hiroshima Day

Aug. 18 – Youth in the Church Sunday

Aug. 20— SESSION

Aug. 23-24 – Women of Faith Conference

Aug. 25 – Public Education Sunday

Members in mission making a difference.

GOOD NEWS from First Presbyterian Church is published monthly. Deadline for the following issue is published in the calendar. Comments and contributions are welcome.

Church office phone: 641-753-5929

Web Site www.nivlac.org

Email Church at presmtwn@mchsi.com

Pastor at rich.king@mchsi.com

Associate Pastor at dave.beckmann@mchsi.com

Youth Director at jrottink@hotmail.com

	August 4	August 11	August 18	August 25	
Worship Leader...	9:00Mike Hancock	Dee Daniels	Nick Cooper	Darrell Meyer	
Greeters 9:00.....	Leonard & Jan Stubbs	Rose Muschick & Liz Smuck	Ruth Hayes & Mary Lovig	Bill & Susan Lawyer	
Fellowship Hosts...	Dick & Barb McBride	O. & D. Langenbau	_____	_____	
Cup Washers.....	Dick & Barb McBride	Becky Sharpshair	_____	R. & L. Kauffman	
Nursery	Jan Faber & _____	_____ & _____	Kari Hancock & _____	Barb Hawkins & _____	
Deacons	Harlan & Marcia Quick	Fran Smith & Bert Tice	Barb McBride & Barb Schrum	Clyde Evers & Leonard Stubbs	
Donuts	Harlan & Marcia Quick	Ron & Dorothy Wilson	M. & B. Miller	Irene Sheeler	
Flowers	Harlan & Marcia Quick	Ralph & Rhoda Bender	K. & B. Severson	Dean & Mary Baker	
Ushers	FIRST SUNDAY	SECOND SUNDAY	THIRD SUNDAY	FOURTH SUNDAY	FIFTH SUNDAY
Team Captain	Terry Buzbee	Matt Tullis	Roger & Karen Schoell	DeLoris Holubar	Dick & Barb McBride
	Ed Jackson	Donita Anders	Pat & Mary Hemming	Bonnie Bradbury	Doug & Karen Bacon
	Jim Perkins	Roger Anders	Ron & Linda Kauffman	Shirley Egli	Doris & Orlyn
Langenbau	Harlan Quick	Stan & Nancy VanWyk		Craig & Tedra Henze	Steve Strand
	Larry Schrum	Barb Vovos		Betty Jacobs	Jerry Rakowicz
	Don Turbiville			Mary Lovig	
Usher Alternates <u>in alphabetical</u> (9:00 a.m. – All Year)					
Tim Bell	Clyde Evers	Craig Henze	Mary Lovig	Yasuyo Smith	
Roger Bristley	Kelli Grabau	DeLoris Holubar	LaVern Paul	Matt Tullis	
Doug Butler	Ted Grabau	Joe Holubar	Harlan Quick	Barb Vovos	
Brinda Evans	Jim Grimmus	Doris Langenbau	Marcia Quick	Dale Wedgwood	
John Evans		Orlyn Langenbau	Jerry Schaudt	Dorothy Wilson	
			Don Smith	Ron Wilson	

August 2012 Birthday/Prayer Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Praying for each other brings us closer together. Please pray each day for those listed.			1	2	3 Dorothy Dunham Jerry Schaudt	4 Lissa Duff
5	6 Vanessa Drummer Rich King Betsy & Ben Wirin	7 Payton Pietig	8 Winner Banissan Jarrett Drummer	9	10 Pam Brandenburg	11 Brenda Mosher
12 Arlene Lange Bert Permar	13 Jean Haslett	14 Afeafa Eklou	15	16	17 Gail Boliver Matt Broshar	18
19 Carol Ploeger Bonnie Seivers	20 Roger Bristley Dee Daniels	21 LaVine Meyer Ray Zeisneiss	22 Chuck Colwell Connie Sanford	23	24	25
26 Marvin Josten	27 Marilyn Hatcher	28 Ryan Bell	29 Lyn Rakowicz Lola Rinnan Blair VanStaalduine	30 Ken Sharpshair Pat Smith	31 Fran Smith	

Sunday Morning Servants

FIRST PRESBYTERIAN CHURCH

AUGUST 2013



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 8:30 am Flapjacks 12:00 pm Oasis 2:00 pm Bible Study	2	3
4 Communion 9:00 am Worship 10:05 a.m. Gathering/ Fellowship Time 10:15 am Sunday School—All Ages	5 5:30 p.m. Missions 6:30 p.m. W & M 7:30 p.m. CE 7:30 p.m. A & P 7:30 p.m. Property	6 9 a.m. Staffing (all staff) 12:15 p.m. Prayer Group	7	8 8:30 am Flapjacks 12:00 pm Oasis	9	10
11 9:00 am Worship 10:05 a.m. Gathering/ Fellowship Time 10:15 am Sunday School—All Ages	12	13 12:15 p.m. Prayer Group 6-8:30 Scout Kick -off- Fellowship Hall	14	15 8:30 am Flapjacks 12:00 pm Oasis 2:00 pm Bible Study	16	17
18 9:00 am Worship 10:05 a.m. Gathering/ Fellowship Time 10:15 am Sunday School—All Ages	19	20 Newsletter Deadline 9 a.m. Staffing (full -time staff) 12:15 p.m. Prayer Group 7 p.m. Session	21	22 8:30 am Flapjacks 12:00 pm Oasis	23 Women of Faith Conference →	24
25 9:00 am Worship 10:05 a.m. Gathering/ Fellowship Time 10:15 am Sunday School—All Ages 5:00p CE fall kick-off	26	27 9:15 a.m. PWC-CT 12:15 p.m. Prayer Group 5:15 p.m. M & I	28	29 8:30 am Flapjacks 12:00 pm Oasis	30	31

